

OUR MISSION

SAIR is a free community resource that offers hope, understanding and guidance to those in need of substance abuse education.

OUR VISION

- SAIR will help establish and support a community coalition in the capital district.
- Community coalitions are composed of diverse organizations and individuals that form an alliance in order to pursue a common goal.
- Our common goal is to prevent and overcome substance abuse and its consequences whenever and wherever possible.
- The coalition activities will include outreach, education, prevention and recovery support to help meet this common goal.



Substance Abuse Information Resources

Capital District Questionnaire and Quiz about Substance Abuse and Addiction

What Do You Know? What Should You Know?

We are a free
community resource that
can help you find answers.

Contact us:

SAIR-HUG
One Park Place, Suite 106
Albany, NY 12205
518.621.1343
SAIR.HUG@gmail.com

PREVENTION IS THE KEY



- Drug addiction is a preventable disease.
- Education and outreach are key in helping youth and the general public understand the risks of drug abuse.
- Prevention programs involving families, schools, communities and the media are effective in reducing drug abuse.

NIDA - National Institute on Drug Abuse

ADDICTION EDUCATION INFORMATION



Substance Abuse Information Resources

One Park Place, Suite 106, Albany, NY 12205

Who We Are

- SAIR – Substance Abuse Information Resources, Inc. is a Capital District 501(c)(3) not-for-profit corporation. We offer free educational programs to individuals and community organizations seeking information about substance abuse and addiction. We are self-supporting through individual and community fundraising and contributions.
- Our SAIR outreach and instruction teams are trained volunteers who want to “step up” and help those in need of hope, understanding and guidance as they learn about alcohol and drug issues.



Why We Exist

- Substance abuse and its ripple effect can cause devastating problems for anyone — be it individuals, family, friends, associates or members of the community in general.
- Many questions come up when alcohol and drugs are misused, abused, or addiction has taken over one's life. Answers and options may be hard to find, if available at all.
- SAIR was created to reach out and help those who seek the answers and options to deal with substance abuse and addiction.

SAIR

A Community Resource

Dedicated to working with those organizations and individuals affected by alcohol and substance abuse.



- Healthcare
- Treatment
- Education
- Business
- Professions
- Volunteers
- Legal
- Government
- Insurance
- Religious
- Media
- Supporters

Get Involved!

Help us so we can help you.

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PLEASE

Keep this brochure for future reference or pass it on to someone who may benefit from it now.

SAIR Offers HUG Education

- **HOPE** – Our presenters carry a message of hope to those seeking knowledge and answers. Hope that successful outcomes will result from our programs.
- **UNDERSTANDING** – Our education series will provide information that will allow participants to understand substance abuse and addiction. Our topics include:
 - Prevention
 - Progression
 - Causes
 - Definitions
 - Signs and Symptoms
 - Ripple Effects
 - Interventions
 - Support Options
- **GUIDANCE** – What Now? What Next? We will offer a question and answer segment when the education presentation is completed. Presenters will be available to discuss issues and options with those who choose to stay.

WE DO NOT PROVIDE:

- Clinical Services
- Counseling
- Referral Services

We are not a 12-step program but support their efforts.